Pole assembly instructions



1-Wind the foot pads into the trunk of the pole, leaving approximately 2-3" from each end of the pole trunk.

- 2-Hold the pole vertically in the correct position below a ceiling joist. Use a spirit level to keep it upright.
- 3-Once upright, twist the trunk of the pole to extend the pole feet pads to the ceiling until they are as tight as you can make them.
- 4-Lastly tighten the locking nuts to prevent the pole from un-twisting.

